Pecos-Barstow-Toyah ISD Athletic Rules and Policies

Discipline will be consistent with the philosophy of the PECOS-BARSTOW-TOYAH ISD. Failure to follow the rules and policies will result in immediate action.

- 1. **Illegal Drugs** will not be tolerated. First offense will result in suspension from current sport. Second offense will result in dismissal from athletics.
- 2. **Criminal Conduct** will not be tolerated. First offense will result in suspension for a period to be determined by seriousness. Second offense will result in suspension from sport. Third offense will result in dismissal from athletics. Any athlete who is indicted for felony will be suspended until his or her name is cleared.
- 3. **Alcohol** will not be tolerated. First offense will result in 20 miles of running (Athlete cannot compete until running is complete). Second offense will result in suspension for two weeks. Third offense will result in suspension from athletics.
- 4. **Tobacco** will not be tolerated. First offense will result in extra running. Second offense will result in suspension for two weeks. Third offense will result in suspension from athletics.
- 5. **Stealing**, taking things that do not belong to you, will not be tolerated. First offense will result in suspension for two weeks. Second offense will result in removal from athletics.
- 6. **Profanity** will not be tolerated. All offenses will result in immediate extra running or up/downs.
- 7. **Conduct:** The Pecos Eagles will bring a great deal of class and pride to our community. We will be noted for our clean, tough, competitive play. Respect and praise your opponent and play beyond your ability. Conduct yourself as a lady or gentleman at all times. Follow all rules and procedures while attending classes at Pecos High School. You are expected to act properly in class, giving your teachers and administrators, courtesy and respect. We know that each of you do not have the same abilities, but you are expected to perform at your best. Failure to adhere to the above code of conduct will result in conference, suspension, or removal from athletics.
- 8. **Attendance:** Do not cut class. Do not be tardy. If you must miss an athletic period, be sure that it can't be helped. Missed practice or games due to unexcused reasons will result in dismissal from athletics. If you must be absent, call and talk to one of your coaches before the athletic period. All absences must be made up. You may be dismissed from any sport after three absences.
- 9. **Injury or illness:** If you are ill or injured, we don't expect you to work out however, if you are at the field house, we expect you to wear the uniform of the day and accompany your group unless given special permission by your coach.
- 10. **Respect for faculty and coaches:** "Yes Sir or No Sir," "Yes Ma'am or No Ma'am" is the responses expected from players when talking to faculty members. Players in return will be treated with respect by their coaches. Whenever a coach is speaking with you, either individually or as a group, you will give him or her, your undivided attention and always establish eye contact.
- 11. **Promptness:** Always be on time. The bus will not wait for tardy athletes. You do not have time to waste, get directly to the field house. Tardiness will result in extra running or up/downs.

- 12. **Dress and appearance:** You should be very professional while in uniform. During all sporting events, shirts will be tucked in at all times (during and after). Hats should be worn correctly with the bill to the front. Everyone will wear his or her uniform in the same manner. Do not wear jewelry during practice or during a game. Male athletes will not wear earrings to, during, or after sporting events. To achieve a good team appearance, look sharp and be sharp. Your appearance away from the field house, especially at school, should reflect the same class and pride that you show in our program. Athletics is a privilege and your actions reflect on our entire school and community. Failure to adhere to dress and appearance guidelines will result in extra running and/or suspension.
- 13. **Care of equipment and facilities:** You are to hang your equipment in your lockers as shown. Do not track mud and dirt into our dressing rooms. Take off cleated shoes before entering the field house area. When you change in to your workout gear, your clothes are to be hung in your locker. Urinals and toilets are to be flushed, showers and faucets turned off so they do not drip and all soda cans and tabs put into the trashcan. Clean up in and around your locker each day.
- 14. **Phone use:** Must have permission from a coach to use the phone.
- 15. **Quitting:** Quitting a sport during the season is strongly discouraged. If an athlete quits a sport, he/she will not be allowed to start another sport until the previous sport is over.
- 16. **Appeal process:** Students have the right to appeal a disciplinary action that results in dismissal from a sport or athletics. The appeal must be conducted with the parents/ guardians of the athlete before the Appeals Committee. The committee will consist of the Athletic Director, the Principal, and the Head Coach of the sport. If the appeal results in reinstatement to the team, guidelines will be established for the athlete's return.
- 17. **Travel guidelines:** Athletes are encouraged to ride home with his/her team and teammates. Parents or guardians wishing to take athletes from the contest must have previously filled out and signed a travel release form. This form should be completed one day prior to the date of contest and given to the head coach before departure for competition. No exceptions will be made.

I,, and my parent/guardian, have read the Athletic rules and policies and will follow the rules and policies therein.	
Parent/Guardian Signature	Date
Athlete Signature	 Date